# Templeman Aquatic Centre Recreational Swim Schedule

Sept 16 to Dec 20, 2024

265 Cannifton Rd, Belleville, ON

Pre-registration is required for all recreational swims.

Recreational Swim Fees: \$4.00 per child, \$5.00 per adult





# **Lane Swim**

#### Main Pool

The number of lanes may vary depending on other programs. Lanes are shared with up to 4 people per lane.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00am (1/2 pool) 7:00-8:00am 8:00-8:45am 11:00am- 12:00pm (1/2 pool) 3:00-4:00pm (1/2 pool) 8:00-8:45pm (1/2 pool)	7:00-7:55am  8:00-8:45am (1/2 pool)  9:00-9:55am  10:00-11:00am (1/2 pool)  11:00am- 12:00pm (1/2 pool)  3:00-4:00pm (1/2 pool)	6:00-7:00am (1/2 pool) 7:00-8:00am 8:00-8:45am 11:00am- 12:00pm (1/2 pool) 3:00-4:00pm (1/2 pool)	7:00-7:55am  8:00-8:45am (1/2 pool)  9:00-9:55am  10:00-11:00am (1/2 pool)  11:00am- 12:00pm (1/2 pool)  3:00-4:00pm (1/2 pool)	6:00-7:00am (1/2 pool) 7:00-8:00am 8:00-8:45am 11:00am- 12:00pm (1/2 pool) 3:00-4:00pm (1/2 pool)	2:00-3:00pm (1/2 pool)	8:00-8:55am  9:00-10:00am (1/2 pool)  2:00-3:00pm (1/2 pool)
(1/2 poot)	8:00-8:45pm (1/2 pool)		8:00-8:45pm (1/2 pool)			
	Special Schedules: October 12 & 13 Public Swims Lane Swims 11:15am-12:15pm		Pool Closed:  Monday, September 30  Monday, October 14  Thursday, October 31 (after 4:00pm)			pm)
12:30-1:45pm			Monday, November 11 Friday November 22 (after 3:00pm) - Sunday November 24			y November 24

# Family Swim

## Main Pool or Therapy/Preschool Pool

All children under the age of 16 must be with an adult who remains in the pool with them.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-10:15am (Main/Therapy)	10:00-11:00am (Main Pool Only)	9:00-10:15am (Main/Therapy)	10:00-11:00am (Main Pool Only)	9:00-10:15am (Main/Therapy)		9:00-10:15am

# **Parent & Tot Swim**

## Therapy/Preschool Pool

Parents/guardians and children ages 4 and under.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	3:00-4:00pm		3:00-4:00pm			

265 Cannifton Rd, Belleville, ON

Pre-registration is required for all recreational swims.





#### **Public Swim**

# Main Pool or Therapy Pool/Preschool Pool

For all ages. Children under the age of 10 must be accompanied by an adult. Children who do not pass the facility swim test must always have an adult in the water swim within arm's reach.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:15am- 12:30pm	11:15am- 12:30pm 7:30-8:45pm	11:15am- 12:30pm	11:15am- 12:30pm	11:15am- 12:30pm	2:00-3:15pm	2:00-3:15pm

## **Rehabilitation Swim**

# Therapy Pool

Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30-8:30am 3:00-4:00pm 8:00-8:45pm	7:30-8:30am	7:30-8:30am 3:00-4:00pm	7:30-8:30am 8:00-8:45pm	7:30-8:30am 3:00-4:00pm	8:00-9:00am	8:00-9:00am

#### **Senior Swim**

# Main Pool or Therapy Pool

For ages 50+.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2:00-3:00pm (Main Pool Only)	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm		

#### Notice:

- For all Family Swims, Public Swims and Senior's Swims, you will be booking into the main pool or therapy/preschool pool. Moving to a different pool is based off availability and is not guaranteed.
- Lane swims will permit up to 4 people per lane.
- · Please make sure you're aware of the entrance guidelines and pool admissions policy.
- Pre-registration is required for all recreational swims.
- Support workers and children under 2 swim free. Children of all ages, including 2 and under need to be registered. Support workers are supporting persons with disabilities.

Recreational
Swim Fees
\$4.00 per child
\$5.00 per adult



You can register (and withdraw) yourself and account members from recreational swims, skates and workout studio sessions - available 24/7 at QSWC.ca.