

Workout Studio

Join us at the Quinte Sports & Wellness Centre

Drop In Visit: \$3.00

10 Pack - \$25.00 · 20 Pack - \$45.00 · 40 Pack - \$80.00

Fall Hours of Operation

(September 3 - December 20, 2019)

Monday:	6:00 - 9:00am	11:30am - 2:30pm	3:30 - 9:15pm
Tues:	6:00 - 9:00am	11:00am - 2:30pm	4:00 - 9:00pm
Wednesday:	6:00 - 9:00am	11:30am - 2:30pm	3:30 - 9:15pm
Thurs:	6:00 - 9:00am	11:00am - 2:30pm	4:00 - 9:00pm
Friday:	6:00am - 8:00pm		
Saturday:	7:30am - 2:00pm		
Sunday:	8:30am - 1:30pm		

CLOSED: Oct. 14 & Nov. 11
(All hours subject to change)

