



# GYMNASIUM SCHEDULE: SEPTEMBER 2019



Sunday (Programs begin Sept. 8)	
Program	Time
Open Gym	2:30-5:00pm
Adult Recreational Volleyball (No beginners)	5:00-7:00pm
Adult Basketball	7:15-9:15pm

Monday (Programs begin Sept. 9)	
Program	Time
Pickleball (Intermediate/Advanced)	8:35am-11:15am
Open Gym (1/2 gym)	4:15-7:00pm
Adult Zumba	5:30-6:30pm
Teen Recreational Volleyball	7:15-8:15pm
Adult Table Tennis (MP Room)	7:00-9:00pm

Tuesday (Programs begin Sept. 10)	
Program	Time
Mini Movers	9:15-10:00am
Parkinson's Big Movement	11:15-11:45am
Adult Pickleball (Beginners)	12:00 -2:00pm
Adult Pickleball (Beginner/Intermediate)	2:15-4:00pm
Open Gym (1/2 gym)	4:15-7:00pm
Little Sneakers	5:15-6:00pm
Sporty Girls & Guys	6:00-7:00pm
Adult Recreational Volleyball (No beginners, Intermediate/Advanced Players only)	7:15-9:15pm

Wednesday (Programs begin Sept. 11)	
Program	Time
Pickleball (Intermediate)	8:35am-11:30am
Pickleball (Advanced)	1:00-3:00pm
Teen Basketball / Open Gym	3:30-5:00pm
Adult/Family Pickleball	5:00-7:00pm
Adult/Family Badminton	7:15-9:15pm

**Good Sportsmanship is required for ALL sports & levels of play. Be kind to your fellow players. Bullying is not permitted. If you are not following these standards, you will be asked to leave.**

Thursday (Programs Sept. 12)	
Program	Time
Shuffleboard (MP RM)	10:00am-12:00pm
Open Gym	11:00am-12:00pm
Adult Pickleball (Beg/Intermediate)	1:00-3:00pm
Carpet Bowling (MP RM)	1:00-3:00pm
Open Gym (1/2 gym)	4:15-7:00pm
Mini-Movers	5:15-6:00pm
Little Sneakers	6:00-6:45pm
Adult Recreational Volleyball (Beginner/Novice Players only)	7:15-9:15pm

Friday (Programs begin Sept. 13)	
Program	Time
Pickleball (Intermediate/Advanced)	8:35-11:30am
Open Gym (1/2 gym)	4:00-6:00pm
Adult Zumba	5:00-6:00pm
Youth Zumba	6:00-6:45pm

Saturday (Programs begin Sept. 21)	
Program	Time
Mini Movers	9:00-9:45am
Kinders in Action	10:00-11:00am
All-Star Sports	11:15am-12:15pm
Open Gym	12:30am-4:00pm
Family Futsal	4:00-5:00pm
Youth Futsal	5:00-7:00pm
Adult Futsal	7:00-8:00pm

### CANCELLATIONS/CHANGES:

**Aug. 31 & Sept. 1 Special Schedule Only**  
**OPEN GYM 10:30am-12:30pm & 1:00-3:00pm**  
**Sept. 2-7<sup>th</sup> – GYM CLOSED**  
**Sept. 14 – GYM CLOSED**

### PLEASE NOTE:

Some Open Gym times may be run in 1/2 gym.

### **Wellness Passports are required for entry**

All children under the age of 10 years must have a participating adult in the gym with them during "Open Gym" Programs.

Adult Programs are for 16yrs+ (13-15yrs. must be with an adult)