



GYMNASIUM SCHEDULE: MAY 1-31, 2019



Sunday (Special Schedule May 19 th)	
Program	Time
Adult/Family Badminton	8:30-10:30am
Open Gym	2:30-5:00pm
Adult Recreational Volleyball (No beginners)	5:00-7:00pm
Adult Basketball	7:15-9:15pm

Monday (No Programs May 6 th or 20 th)	
Program	Time
Pickleball (Intermediate/Advanced)	8:35am-11:15am
Open Gym (1/2 gym)	4:15-7:00pm
Adult Zumba	5:30-6:30pm
Teen Recreational Volleyball	7:15-8:15pm
Adult Table Tennis (MP Room)	7:00-9:00pm

Tuesday	
Program	Time
Mini Movers	9:15-10:00am
Preschoolers in Motion	10:00-11:00am
Parkinson's Big Movement	11:00am-12:00pm
Adult Pickleball (Beginners)	12:00-2:00pm
Adult Pickleball (Beginner/Intermediate)	2:15-4:00pm
Open Gym (1/2 gym)	4:15-7:00pm
Little Sneakers	5:15-6:00pm
Sporty Girls & Guys	6:00-7:00pm
Adult Recreational Volleyball (No beginners)	7:15-9:15pm

Wednesday (No Programs after 12:15pm May 8 th)	
Program	Time
Pickleball (Intermediate/Advanced)	8:35am-11:00am
Dance Gold	11:05am-12:05pm
Teen Recreational Basketball	3:30-5:00pm
Adult/Family Pickleball	5:00-7:00pm
Adult/Family Badminton	7:15-9:15pm

Good Sportsmanship is required for ALL sports & levels of play. Be kind to your fellow players. Bullying is not permitted. If you are not following these standards, you will be asked to leave.

Thursday (No Programs May 30 th)	
Program	Time
Shuffleboard (MP RM)	10:00am-12:00pm
Open Gym	11:00am-12:00pm
Adult Pickleball (Beg/Intermediate)	1:00-3:00pm
Carpet Bowling (MP RM)	1:00-3:00pm
Open Gym (1/2 gym)	4:15-7:00pm
Mini-Movers	5:15-6:00pm
Little Sneakers	6:00-6:45pm
Adult Recreational Volleyball (Beginner/Novice)	7:15-9:15pm

Friday	
Program	Time
Pickleball (Intermediate/Advanced)	8:35-11:30am
Open Gym	4:00-6:00pm
Adult Zumba	5:00-6:00pm

Saturday (Special Schedule May 18 th)	
Program	Time
Mini Movers	9:00-9:45am
Open Gym	11:30am-4:00pm
Family Futsal	4:00-5:00pm
Youth Futsal	5:00-7:00pm
Adult Futsal	7:00-8:00pm

CANCELLATIONS/CHANGES:

May 6th – GYM CLOSED

May 8th – GYM CLOSED AT NOON

May 18th & 19th Special Schedule Only

OPEN GYM 10:30am-12:30pm & 1:00-3:00pm

May 20th – GYM CLOSED

May 30th – GYM CLOSED (Older Adult Active Information Fair 11:00am)

PLEASE NOTE:

Some Open Gym times may be run in 1/2 gym.

Wellness Passports are required for entry

All children under the age of 10 years must have a participating adult in the gym with them during "Open Gym" Programs.

Adult Programs are for 16yrs+ (13-15yrs. must be with an adult)