



GYMNASIUM SCHEDULE: APRIL 1-30, 2019



Sunday (April 7 & 28 ONLY)	
Program	Time
Open Gym	2:30-5:00pm
Adult Recreational Volleyball (No beginners & no spiking)	5:00-7:00pm
Adult Basketball	7:15-9:15pm

Monday	
Program	Time
Pickleball (Intermediate/Advanced)	8:35am-11:15am
Open Gym (1/2 gym)	4:15-7:15pm
Adult Zumba (Begins Apr. 8)	5:30-6:30pm
Hip Hop (Begins Apr. 8)	6:35-7:35pm
Teen Recreational Volleyball (Begins Apr. 8)	7:15-8:15pm
Adult Table Tennis (Begins Apr. 8)	7:00-9:00pm

Tuesday	
Program	Time
Mini Movers (Begins Apr. 9)	9:15-10:00am
Preschoolers in Motion (Begins Apr. 9)	10:00-11:00am
Parkinson's Big Movement	11:00am-12:00pm
Adult Pickleball (Beginners)	12:00-2:00pm
Adult Pickleball (Beginner/Intermediate)	2:15-4:00pm
Open Gym (1/2 gym)	4:15-7:00pm
Little Sneakers (Begins Apr. 9)	5:15-6:00pm
Sporty Girls & Guys (Begins Apr. 9)	6:00-7:00pm
Adult Recreational Volleyball (No beginners & no spiking)	7:15-9:15pm

Wednesday	
Program	Time
Pickleball (Intermediate/Advanced)	8:35am-11:00am
Dance Gold (Begins Apr. 17)	11:05am-12:05pm
Teen Recreational Basketball (Begins Apr. 10)	3:30-5:00pm
Adult Pickleball	5:00-7:00pm
Adult Badminton	7:15-9:15pm

Good Sportsmanship is required for ALL sports & levels of play. Be kind to your fellow players. Bullying is not permitted. If you are not following these standards, you will be asked to leave.

Thursday	
Program	Time
Shuffleboard (MP RM)	10:00am-12:00pm
Open Gym	11:00am-12:00pm
Adult Pickleball (Beg/Intermediate)	1:00-3:00pm
Carpet Bowling (MP RM)	1:00-3:00pm
Open Gym (1/2 gym)	4:15-7:00pm
Mini-Movers (Begins Apr. 11)	5:15-6:00pm
Little Sneakers (Begins Apr. 11)	6:00-6:45pm
Adult Recreational Volleyball (Beginner/Novice)	7:15-9:15pm

Friday	
Program	Time
Pickleball (Intermediate/Advanced)	8:35-11:30am
Open Gym	4:00-6:00pm
Adult Zumba (Begins Apr. 12 – in the Aerobic Studio)	5:00-6:00pm

Saturday (ONLY April 27 th)	
Program	Time
Family Futsal (NO Apr. 27)	4:00-5:00pm
Youth Futsal	5:00-7:00pm
Adult Futsal	7:00-8:00pm

CANCELLATIONS/CHANGES:

April 6: GYM CLOSED
April 12, 13, 14: GYM CLOSED
April 19: CLOSED

April 20, 21, 22: Special Schedule Only OPEN GYM 10:30am-12:30pm & 1:00-3:00pm
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April 23: GYM CLOSED (Career Fair)
April 27 (11am-5pm): GYM CLOSED

PLEASE NOTE:

Some Open Gym times may be run in 1/2 gym.

Wellness Passports are required for entry
 All children under the age of 10 years must have a participating adult in the gym with them during "Open Gym" Programs.

Adult Programs are for 16yrs+ (13-15yrs. must be with an adult)