




April



2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 9-10am: Learn Your Technology (Bring your tablet, cellphone or laptop) 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p>	<p>2 9-10am: Open 10-11am: *Spanish for Beginners 11am-12:30pm: *Parkinson's Keep Moving 1-4pm: Bridge (Experienced) 6:30-8:30pm: *Crokinole</p>	<p>3 9am-12pm: **Stitches (Learn to sew, quilt, knit, or bring a project) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: *VON Falls Prevention</p>	<p>4 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: *Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>5 9-11am: **Creative Creations 11am-12:30pm: Relax & Meditate 1-4pm: Bridge (Experienced) 2:30-3:30pm: *VON Falls Prevention - <u>Registration</u></p>
<p>8 9-10am: Learn Your Technology (Bring your tablet, cellphone or laptop) 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre 6:30-8:30pm: **Movie Night Stan & Ollie (2018)</p>	<p>9 9-10am: Open 10-11am: *Spanish for Beginners 11am-12:30pm: *Parkinson's Keep Moving 1-2pm: COPD Support Group 2-4pm: CARP Coffee & Chat 2:30-4pm: Drumming for Health 6:30-8:30pm: *Crokinole</p>	<p>10 9am-12pm: **Stitches (Learn to sew, quilt, knit, or bring a project) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: *VON Falls Prevention</p>	<p>11 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: *Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>12 9-11am: **Creative Creations 11am-12:30pm: Relax & Meditate 1-4pm: Bridge (Experienced) 2:30-3:30pm: *VON Falls Prevention</p>
<p>15 9-10am: Learn Your Technology (Bring your tablet, cellphone or laptop) 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p>	<p>16 9-10am: : Hearing Care Clinic (helix hearing care) 10-11am: *Spanish for Beginners 11am-12:30pm: *Parkinson's Keep Moving 1-4pm: Bridge (Experienced) 6:30-8:30pm: *Crokinole</p>	<p>17 9am-12pm: **Stitches (Learn to sew, quilt, knit, or bring a project) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: *VON Falls Prevention</p>	<p>18 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: *Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>19 CLOSED GOOD FRIDAY</p>

<p>++22 9-10am: Learn Your Technology (Bring your tablet, cellphone or laptop) 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p> 	<p>++23 9-10am: Open 10-11am: *Spanish for Beginners 11am-12:30pm: *Parkinson's Keep Moving-<u>Meet in 50+ Centre</u> 1-4pm: Bridge (Experienced) 6:30-8:30pm: *Crokinole</p>	<p>++24 9am-12pm: **Stitches (Learn to sew, quilt, knit, or bring a project) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: *VON Falls Prevention 6:30-8:30pm: ** Classic Movie Night Julius Caesar (1953)</p>	<p>25 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>26 9-11am: **Creative Creations 11am-12:30pm: Relax & Meditate 1-4pm: Bridge (Experienced) 2:30-3:30pm: *VON Falls Prevention</p>
<p>29 9-10am: Learn Your Technology 10am-1:00pm: Belleville Deaf Seniors 11:30-1:30pm: *Seniors Luncheon Will & Estate Planning 1:00-4pm: Euchre/Bid Euchre</p>	<p>30 9-10am: Open 10-11am: *Spanish for Beginners 11am-12:30pm: *Parkinson's Keep Moving 1-4pm: Bridge (Experienced) 6:30-8:30pm: *Crokinole</p>	<p style="text-align: center;">Annual Membership Required to Attend Programs</p> <p style="text-align: center;">Only \$5.00</p>	<p style="text-align: center;">Limited Parking: APRIL 3rd, 5th, and 10th</p>	<p style="text-align: center;">Please contact Karen 613-967-3200 ext. 3266 for information on programs or for volunteer opportunities.</p>

Important Program Notes:

- ***Spanish for Beginners** - 12 week course - pre-registration required at the Customer Service Desk or 613-966-4632
- ***Parkinson's Keep Moving** – Requires pre-registration - Parkinson Canada at 613-827-5961. This program meets in the gymnasium.
- ***Crokinole** - \$3/visit (Purchase drop-in ticket at the Customer Service Desk or buy a multipack and save)
- ***VON Falls Prevention** – Requires pre-registration - VON at 343-363-4796. This program is held in the Aerobics Studio.
- ***Pencil Art** - 8 week beginner course - pre-registration required at the Customer Service Desk or 613-966-4632
- ***Seniors Luncheon** – Cost \$8.50 and pre-registration is required at the Customer Service Desk or 613-966-4632. The luncheon is held in the Multipurpose Room.
- ***CARP** – This event is held in the Multipurpose Room.
- ****Stitches - Sponsored by Your #1 Sewing Centre**
- ****Creative Creations - Sponsored by Burke Funeral Home**
- ****Movie Nights - Sponsored by Jumbo Video & Richmond Retirement Residence**
- **++50+ Centre Programs April 22nd to 24th may be held in the Minor Sports Meeting Room (located on the 2nd level overlooking the café) due to a maintenance issue.**