



Calendar of Events - Belleville's 50+ Centre November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Annual Membership only \$5.00</p>	<p>Please contact Karen 613-967-3200 ext. 3266 for information on programs or for volunteer opportunities.</p>		<p>1 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>2 9-11 am: Creative Creations (Instructor & Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio-Register: 613-392-4181 x 5350)</p>
<p>5 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p>	<p>6 9-11am: Open 11am-12:30pm: Parkinson's Keep Moving (Meet in the gymnasium Register: 613-827-5961) 1-4pm: Bridge (Experienced) 6:30-8:30pm: Crokinole (Cost - \$3.00-please purchase drop-in pass at Customer Service Desk)</p>	<p>7 9am-12pm: Stitches (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio-Register: 613-392-4181 x 5350)</p>	<p>8 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>9 9-11 am: Creative Creations (Instructor & Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio-Register: 613-392-4181 x 5350)</p>

<p>12 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p> <p>6:30-8:30pm: Movie Night Dunkirk (Sponsored by: Jumbo Video & The Richmond Retirement Residence)</p>	<p>13 9-11am: Open 11am-12:30pm: Parkinson's Keep Moving (Meet in the gymnasium Register: 613-827-5961) 1-2pm: COPD Support Group 2-4pm: CARP Coffee & Chat (Multipurpose Room) 2:30-4pm: Drumming For Health 6:30-8:30pm: Crokinole (Cost - \$3.00-please purchase drop-in pass)</p>	<p>14 9am-12pm: Stitches (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350) REDUCED PARKING – ONLY HALF PARKING LOT (A) OPEN</p>	<p>15 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>16 9-11 am: Creative Creations (Instructor & Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>
<p>19 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p>	<p>20 9-11am: Open 11am-12:30pm: Parkinson's Keep Moving (Meet in the gymnasium Register: 613-827-5961) 1-4pm: Bridge (Experienced) 6:30-8:30pm: Crokinole (Cost - \$3.00-please purchase drop-in pass at Customer Service Desk)</p>	<p>21 9am-12pm: Stitches (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>	<p>22 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>23 9-11 am: Creative Creations (Instructor & Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio-</p>
<p>26 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 11:30-1:30pm: Luncheon The Gift of Travel <i>Presented by: Marlin Travel</i> (Cost \$8.50 Pre-registration required call 613-966-4632 2nd floor Multipurpose Room) 1:00-4pm: Euchre/Bid Euchre</p>	<p>27 9-11am: Open 11am-12:30pm: Parkinson's Keep Moving (Meet in the gymnasium Register: 613-827-5961) 1-4pm: Bridge (Experienced) 6:30-8:30pm: Crokinole (Cost - \$3.00-please purchase drop-in pass at Customer Service Desk)</p>	<p>28 9am-12pm: Stitches (Sponsored by Your #1 Sewing Centre) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- 6:30-8:30pm: Classic Movie Night Stalag 17 (1953) (Sponsored by: Jumbo Video & The Richmond Retirement Residence)</p>	<p>29 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 10am-12pm: Pencil Art (\$2 supply fee) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>30 9-11 am: Creative Creations (Instructor & Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>