



## Calendar of Events - Belleville's 50+ Centre September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>  <div style="text-align: center; font-size: 2em; font-weight: bold;">CLOSED</div>  <div style="text-align: center; font-size: 1.2em; font-weight: bold;">Happy Labour Day!</div>	<b>4</b> 9-10am: <b>Open</b> 10-11am: <b>Plant Exchange</b> <i>(Free plant to first 10 participants)</i> 11am-12pm: <b>Open</b> 1-4pm: <b>Bridge</b> (Experienced)  6:30-8:30pm: <b>Crokinole</b> <b>(Cost - \$3.00</b> -please purchase pass at Customer Desk)	<b>5</b> 9am-12pm: <b>Stitches</b> <i>(Learn how to sew, quilt, knit, etc or just bring your project and visit – Sponsored by Your #1 Sewing Centre)</i> 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention Registration</b> <i>(12 week program-Aerobics Studio-Register: 613-392-4181 x 5350)</i>	<b>6</b> 9:30am-12pm: <b>Volunteering Social</b> <i>(Visit and help complete different community projects)</i> 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b>	<b>7</b> 9-11am: <b>Creative Creations</b> <i>(Instructor &amp; Supplies included Sponsored by Burke Funeral Home)</i> 11am-12:30pm: <b>Relax &amp; Meditate with Martina</b> 1-4pm: <b>Bridge (Experienced)</b>
<b>10</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 1:00-4pm: <b>Euchre/Bid Euchre</b>  6:30-8:30pm: <b>Movie Night The Post (2017)</b> <i>(Sponsored by: Jumbo Video &amp; The Richmond Retirement Residence)</i>	<b>11</b> 9-11am: <b>Open</b> 11am-12:30pm: <b>Parkinson's Keep Moving</b> <i>( Meet in the gymnasium Register: 613-827-5961)</i> 1-2pm: <b>COPD Support Group</b> 2-4pm: <b>CARP Coffee &amp; Chat</b> (Multipurpose Room) 2:30-4pm: <b>Drumming For Health</b> 6:30-8:30pm: <b>Crokinole (Cost - \$3.00)</b>	<b>12</b> 9am-12pm: <b>Stitches</b> <i>(Learn how to sew, quilt, knit, etc or just bring your project and visit – Sponsored by Your #1 Sewing Centre)</i> 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)	<b>13</b> 9:30am-12pm: <b>Volunteering Social</b> <i>(Visit and help complete different community projects)</i> 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b>	<b>14</b> 9-11am: <b>Creative Creations</b> <i>(Instructor &amp; Supplies included Sponsored by Burke Funeral Home)</i> 11am-12:30pm: <b>Relax &amp; Meditate with Martina</b> 1-4pm: <b>Bridge (Experienced)</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)

<p><b>17</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 1:00-4pm: <b>Euchre/Bid Euchre</b></p>	<p><b>18</b> 9-11am: <b>Open</b> 11am-12:30pm: <b>Parkinson's Keep Moving</b> (Meet in the gymnasium Register: 613-827-5961) 1-4pm: <b>Bridge</b> (Experienced)  6:30-8:30pm: <b>Crokinole</b> (<b>Cost - \$3.00</b>-please purchase drop-in pass at Customer Service Desk)</p>	<p><b>19</b> 9am-12pm: <b>Stitches</b> (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)</p>	<p><b>20</b> 9:30am-12pm: <b>Volunteering Social</b> (Visit and help complete different community projects) 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b></p>	<p><b>21</b> 9-11am: <b>Creative Creations</b> (Instructor &amp; Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: <b>Relax &amp; Meditate with Martina</b> 1-4pm: <b>Bridge (Experienced)</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)</p>
<p><b>24</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 11:30-1:30pm: <b>Luncheon Winter Driving-Are You Ready</b> <i>Presented by: Ministry of Transportation</i> (Cost \$8.50 Pre-registration required call 613-966-4632 2<sup>nd</sup> floor Multipurpose Room) 1:00-4pm: <b>Euchre/Bid Euchre</b></p>	<p><b>25</b> 9-11am: <b>Open</b> 11am-12:30pm: <b>Parkinson's Keep Moving</b> (Meet in the gymnasium Register: 613-827-5961) 1-4pm: <b>Bridge</b> (Experienced)  6:30-8:30pm: <b>Crokinole</b> (<b>Cost - \$3.00</b>-please purchase drop-in pass at Customer Service Desk)</p>	<p><b>26</b> 9am-12pm: <b>Stitches</b> (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)  6:30-8:30pm: <b>Classic Movie Night Spencer's Mountain (1963)</b> (<i>Sponsored by: Jumbo Video &amp; The Richmond Retirement Residence</i>)</p>	<p><b>27</b> 9:30am-12pm: <b>Volunteering Social</b> (Visit and help complete different community projects) 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b></p>	<p><b>28</b> 9-11am: <b>Creative Creations</b> (Instructor &amp; Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: <b>Relax &amp; Meditate with Martina</b> 1-4pm: <b>Bridge (Experienced)</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)</p>
<p><b>Open Monday to Friday 9:00am to 4:00pm</b></p> <p><b>Only \$5.00 per year!</b></p>			<p><b>Please contact Karen 613-967-3200 ext. 3266 for information on programs or for volunteer opportunities.</b></p>	