



GYMNASIUM SCHEDULE: JULY & AUGUST 2018



Sunday - Starts July 8 th (Closed July 1 st & 22 nd) (August 5 th – See Cancellations/Changes)	
Program	Time
Open Gym	2:30-4:30pm
*Adult Basketball	4:30-6:30pm

Monday - Starts July 2 nd (August 6 th – See Cancellations/Changes)	
Program	Time
Open Gym (1/2 gym)	4:30-7:00pm
*Zumba	6:00-7:00pm
*Adult Table Tennis (MP RM)	7:00-9:00pm
*Adult Badminton (Summer Special)	7:30-9:00pm

Tuesday	
Program	Time
Open Gym	4:30-7:00pm (1/2)
*Adult Volleyball (Competitive)	7:15-9:15pm

Wednesday	
Program	Time
*Adult Pickleball	5:00-7:00pm
*Adult Badminton	7:00-9:00pm



Thursday	
Program	Time
Open Gym	4:15-7:00pm (1/2)
*Little Sneakers (Ends Aug. 23)	6:00-7:00pm
*Adult Volleyball (Novice/Beginners)	7:15-9:15pm

Friday	
Program	Time
Open Gym	4:00-5:00pm
Youth Sports/Floorball	5:00-6:00pm

Saturday (Closed August 25 th)	
Program	Time
*Pickleball (Summer Special)	11:15am-1:15pm
Open Gym	1:30pm-4:00pm

CANCELLATIONS/CHANGES:

- August 5th – Basketball CANCELLED
- August 6th – Open Gym ONLY – 10:30AM – 12:30PM & 1:00 – 3:00PM

GYM CLOSED:

- July 1st
- July 22nd
- August 25th

PLEASE NOTE:

- *Pre-register for these programs
- Open Gym Times may be in 1/2 gym
- All children under 10 years must have a supervising adult during "Open Gym"
- Wellness passport required for entry
- Adult Programs are for 16yrs+ (13-15yr. olds must be with an adult)