



## Calendar of Events - Belleville's 50+ Centre July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 1:00-4pm: <b>Euchre/Bid Euchre</b></p>	<p><b>3</b> 9am-12pm: <b>Open</b> 1-4pm: <b>Bridge (Experienced)</b></p>	<p><b>4</b> 9am-12pm: <b>Stitches</b> (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio- Register: 613-392-4181 x 5350)</p>	<p><b>5</b> 9:30am-12pm: <b>Volunteering Social</b> (Visit and help complete different community projects) 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b></p>	<p><b>6</b> 9am-12pm: <b>Open</b> 1-4pm: <b>Bridge (Experienced)</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (12 week program-Aerobics Studio- Register 613-392-4181 x 5350)</p>
<p><b>9</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 1:00-4pm: <b>Euchre/Bid Euchre</b>  6:30-8:30pm: <b>Movie Night The Founder</b> (Sponsored by: <i>Jumbo Video &amp; The Richmond Retirement Residence</i>)</p>	<p><b>10</b> 9am-12pm: <b>Open</b> 2-4pm: <b>CARP Coffee &amp; Chat</b> How to Reduce Our Energy Bills – Ontario Energy Board <b>(IN THE 50+ CENTRE)</b></p>	<p><b>11</b> 9am-12pm: <b>Stitches</b> (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio- Register: 613-392-4181 x 5350)</p>	<p><b>12</b> 9:30am-12pm: <b>Volunteering Social</b> (Visit and help complete different community projects) 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b></p>	<p><b>13</b> 9am-12pm: <b>Open</b> 1-4pm: <b>Bridge (Experienced)</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (12 week program- Aerobics Studio- Register 613-392-4181 x 5350)</p>

<p><b>16</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 1:00-4pm: <b>Euchre/Bid Euchre</b></p>	<p><b>17</b> 9am-12pm: <b>Open</b> 1-4pm: <b>Bridge</b> (Experienced)</p>	<p><b>18</b> 9am-12pm: <b>Stitches</b> (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)</p>	<p><b>19</b> 9:30am-12pm: <b>Volunteering Social</b> (Visit and help complete different community projects) 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b></p>	<p><b>20</b> 9am-12pm: <b>Creative Creations – Decorated Switch Plate</b> (Instruction &amp; Supplies included <i>Sponsored by Burke Funeral Home</i>) 1-4pm: <b>Bridge (Experienced)</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350)</p>
<p><b>23</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 1:00-4pm: <b>Euchre/Bid Euchre</b></p>	<p><b>24</b> 9am-12pm: <b>Open</b> 1-4pm: <b>Bridge</b> (Experienced)</p>	<p><b>25</b> 9am-12pm: <b>Stitches</b> (Learn or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: <b>Mahjong &amp; Mexican Train Dominos</b> 2:30-3:30pm: <b>VON Falls Prevention</b> (Aerobics Studio-Register: 613-392-4181 x 5350) 6:30-8:30pm: <b>Classic Movie Night Invasion of the Body Snatchers (1956)</b> (<i>Sponsored by: Jumbo Video &amp; The Richmond Retirement Residence</i>)</p>	<p><b>26</b> 9:30am-12pm: <b>Volunteering Social</b> (Visit and help complete different community projects) 1-4pm: <b>Scrapbooking and Card Making</b> 1-4pm: <b>Mahjong</b></p>	<p><b>27</b> 9am-12pm: <b>Open</b> 1-4pm: <b>Bridge (Experienced)</b></p>
<p><b>30</b> 9-10am: <b>Open</b> 10am-1:00pm: <b>Belleville Deaf Seniors</b> 1:00-4pm: <b>Euchre/Bid Euchre</b></p>	<p><b>31</b> 9am-12pm: <b>Open</b> 1-4pm: <b>Bridge</b> (Experienced)</p>		<p><b>Please contact Karen 613-967-3200 ext. 3266 for information on programs or for volunteer opportunities.</b></p>	