

Sunday (July 1 QSWC Closed)	
Youth Room (Grade 6-12) (July 8 & 22 only)	11am-2pm
Open Gym	2:30-4:30pm
*Adult Basketball	4:30-6:30pm

Monday	
Youth Room (Grade 6-12) (Closed July 2)	3:30-6pm
Open Gym (1/2 Gym)	4:30-7pm
Adult Table Tennis	7-9pm
*Adult Badminton (Summer Special)	7:30-9pm

Tuesday	
Youth Room (Grade 6-12) (July 3, 17 & 31 only)	4-7pm
Open Gym (1/2 Gym)	4:30-7pm
*Adult Volleyball (Advanced)	7:15-9:15pm

Wednesday	
Youth Room (Grade 6-12) (July 4 & 18 only)	4-7pm
*Adult Pickleball	5-7pm
*Adult Badminton	7-9pm

Thursday	
Open Gym (1/2 Gym)	4:15-7pm
Youth Room (Grade 6-12) (Closed July 5)	4-7pm
*Adult Volleyball (Novice)	7:15-9:15pm

Friday	
Open Gym	4-5pm
Youth Room (Grade 6-12)	4-7pm
*Floorball / Youth Open Gym	5-6pm


Saturday	
Youth Room (Grade 6-12) (Closed July 28)	10am-2pm
Pickleball (Summer Special)	11:15am-1:15pm
Open Gym	1:30am-4pm

 [Like us on Facebook: Youth Belleville](#)

 [Follow us on Twitter: @YouthBelleville](#)

## Youth Room Special Events

\*Youth Room Cards are required

<p><b>Craft Night</b></p> <p>Join us in the Youth Room to create a DIY phone stand.</p>		<p><b>Friday July 13<sup>th</sup></b></p> <p><b>5-7pm</b></p>
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<p><b>Youth Room Movie Night</b> (Sponsored by Daily Cup/Jumbo Video) <b>Sherlock Gnomes (2018)</b></p> 	<p><b>Thursday July 26<sup>th</sup></b></p> <p><b>5-7pm</b></p>
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The Youth Room is looking for Grade 9-12 students to volunteer to monitor the Youth Room this Summer for community hours!

Application available at [www.youthbelleville.ca](http://www.youthbelleville.ca)



### **SPECIAL SCHEDULES & NOTES:**

- July 1 QSWC Closed for Canada Day
- Recreation programs begin July 2
- Aquatic programs begin July 3
- Gym Closed: July 1 & 22

### **General Program Notes:**

- **Youth Room Cards** are required to enter the Youth Room. Youth must be in Grade 6-12 to use the Youth Room. The Youth Room and Youth Room Cards are free. Register at the Customer Service Desk
- **\*Pre-Registration** required for these programs
- Some Open Gym times may be run in only half of the gym space.
- **Adult Programs** are for 16yrs+ (13-15yrs must be with a participating adult)

# Youth Volunteering at Quinte Sports & Wellness Centre

## WHY VOLUNTEER?

- ◆ Volunteer hours aid in receiving post-secondary scholarships and grants
- ◆ Builds key skills and experience needed for employment
- ◆ Opportunity to give back to your community
- ◆ Builds confidence

**\*Youth 18 years or older will need a police check before they can begin volunteering**

## HOW TO GET INVOLVED?

- 1) Complete a youth volunteer application form from the Customer Service Desk or online [www.youthbelleville.ca](http://www.youthbelleville.ca)
- 2) Drop off your application to the Customer Service Desk or email it to Nikki De Haan at [ndehaan@city.belleville.on.ca](mailto:ndehaan@city.belleville.on.ca)
- 3) Receive your confirmation email setting up your training date and time. Complete your training.
- 4) Start Volunteering!

## OPPORTUNITIES

- ◆ Youth Room Staff
- ◆ Gymnasium Program Helper
- ◆ Preschool/Children's Program Helper
- ◆ Aquatic Department Helper

