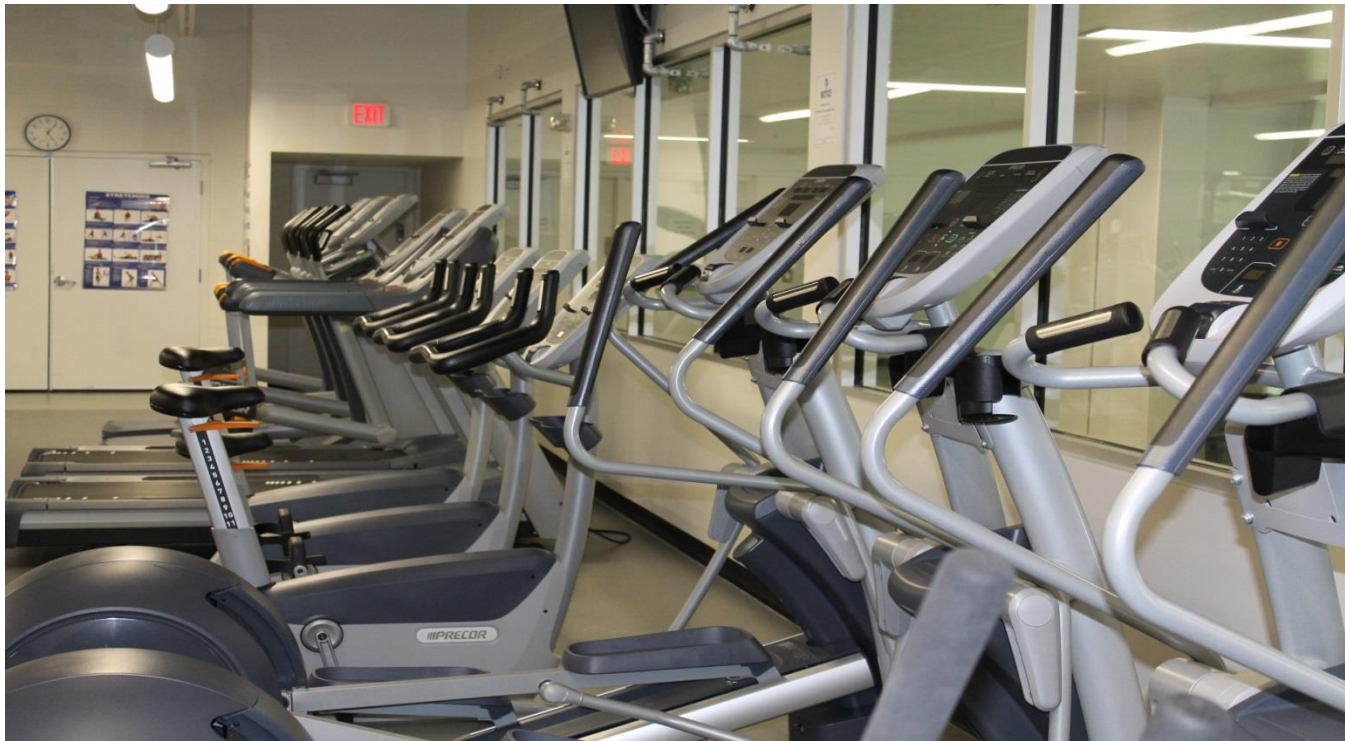


Workout Studio



Drop-In visit: \$3.00/visit

OR Purchase a Multi-pack and SAVE:

10 Pack - \$25.00 · 20 Pack - \$45.00 · 40 Pack - \$80.00
(Prices include HST)

Youth ages 13-15 wishing to use the workout studio must first attend 2 orientation sessions.
Orientation sessions are offered Mondays 4:30-5:00pm or Saturdays 8:45-9:15am.

Summer Hours of Operation

June 30 - September 3, 2018

Monday: 6:00am - 9:00 am · 11:30 - 2:30 pm · 4:30 - 9:00 pm
Tuesday: 6:00am - 9:00 am · 11:00 - 2:30 pm ·
4:30 - 7:00 pm · 8:00 - 9:30 pm
Wednesday: 6:00am - 9:00 am · 11:30 - 2:30 pm ·
4:30 - 7:00 pm · 8:00 - 9:00 pm
Thursday: 6:00am - 9:00 am · 11:00 - 2:30 pm ·
4:30 - 7:00 pm · 8:00 - 9:30 pm
Friday: 6:00am - 9:00 am · 11:00 - 2:30 pm · 4:30 - 7:30 pm
Saturday: 7:30am to 1:30pm
Sunday: 8:30am to 1:30pm

CLOSED: July 1 & Sept. 3

SPECIAL SCHEDULE: Aug. 6 (11:30am-2:30pm)

(All hours subject to change)