



# GYMNASIUM SCHEDULE JUNE 2018



Sunday	
Program	Time
Open Gym	2:30-5:00pm
Adult Volleyball (Intermediate)	5:00-7:00pm
Adult Basketball	7:15-9:15pm

Monday	
Program	Time
Pickleball (Interm./Adv.)	8:35-11:15am
Open Gym (1/2 Gym)	4:30-7:00pm
Girls Night Out (Ends June 18 <sup>th</sup> )	5:00-5:30pm
Adult Zumba (Ends June 18 <sup>th</sup> )	5:30-6:30pm
Hip Hop Fitness (Youth) (Ends June 18 <sup>th</sup> )	6:30-7:30pm
Youth Volleyball (Recreational) (Ends June 18 <sup>th</sup> )	7:30-8:30pm
Adult Table Tennis (MP RM)	7:00-9:00pm

Tuesday	
Program	Time
Mini Movers	9:15-10:00am
Parkinson's Big Movement (Ends Jun. 5 <sup>th</sup> resumes on Sept. 11 <sup>th</sup> )	11:00am-12:00pm
Pickleball (Beginners)	12:00-2:00pm
Pickleball (Intermediate)	2:15-4:00pm
Open Gym (1/2)	4:15-7:00pm
Little Sneakers (Ends June 19 <sup>th</sup> )	5:15-6:00pm
Sporty Girls & Guys (Ends June 19 <sup>th</sup> )	6:00-7:00pm
Adult Volleyball (Advanced)	7:15-9:15pm

Wednesday	
Program	Time
Pickleball (Interm./Adv.)	8:35am-11:00am
Pickleball Clinic (June 13 <sup>th</sup> & 20 <sup>th</sup> ONLY)	1:00pm-3:00pm
Teen Basketball	3:30-5:00pm
Adult Pickleball	5:00-7:00pm
Adult Badminton	7:00-9:00pm

Thursday	
Program	Time
Shuffleboard (MP RM) (Ends June 21 <sup>st</sup> )	10:00am-12:00pm
Open Gym	11:00am-12:00pm
Pickleball (Beginner/Intermediate)	1:00-3:00pm
Carpet Bowling (MP RM) (Ends June 21 <sup>st</sup> )	1:00-3:00pm
Open Gym (1/2 gym)	4:15-7:00pm
Little Sneakers (Ends June 21 <sup>st</sup> )	6:00-7:00pm
Adult Volleyball (Novice/Beginners)	7:15-9:15pm

Friday	
Program	Time
Pickleball (Intermediate/Advanced)	8:35am-11:15am
Open Gym	4:00-5:00pm
Floorball / Youth Sports	5:00-6:00pm

Saturday	
Program	Time
Mini Movers (Ends June 23 <sup>rd</sup> )	9:00-9:45am
Open Gym	11:30am-4:00pm

### **CANCELLATIONS/CHANGES:**

**SPECIAL SCHEDULES: Sat. June 30<sup>th</sup>:  
Open Gym Only 10am-12pm & 12:30-2:30pm**

### **PLEASE NOTE:**

- Adult Programs are for 16yrs+ (13-15yrs. must be with an adult)
- All children under the age of 10 years must have a participating adult in the gym with them during "Open Gym" Programs.
- Some Open Gym times may be run in only half of the gym space.
- **A WELLNESS PASSPORT IS REQUIRED TO PARTICIPATE**
- MP RM = Multi-purpose Room (2<sup>nd</sup> Floor)