



Calendar of Events - Belleville's 50+ Centre June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Summer Notices:</p> <ul style="list-style-type: none"> • Parkinson's Keep Moving ends June 5th. Program resumes September 11th • Relax & Mediate with Martina ends June 29th. Class resumes September 7th • Crokinole ends June 26th. Program resumes August 14th • VON Falls Prevention ends on July 20th. Program resumes August 22nd – Please call 613-392-4181 Ext. 5350 to register • Drumming for Health and COPD Support Group will not run in July and August. These programs will resume September 11th • Creative Creations will only run once a month in July and August (July 20th & August 17th). Weekly classes resume September 7th • 50+ Centre will be closed on August 7th until 1:00pm <p style="text-align: center;">Contact Karen at 613-967-3200 Ext. 3266 for Information</p>				<p>1 9-11am: Creative Creations (Instruction & Supplies included <i>Sponsored by Burke Funeral Home</i>)</p> <p>11am-12:30pm: Relax & Meditate with Martina</p> <p>1-4pm: Bridge (Experienced)</p> <p>2:30-3:30pm: VON Falls Prevention (12 week program-Aerobics Studio- Register 613-392-4181 x 5350)</p>
<p>4 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p>	<p>5 9-11am: Open 11am-12:30pm: Parkinson's Keep Moving (Meet in the gymnasium Register: 613-827-5961) 1-4pm: Bridge (Experienced) 6:30-8:30pm: Crokinole (Cost - \$3.00)</p>	<p>6 9am-12pm: Stitches (Learn how to sew, quilt, knit, etc or just bring your project and visit – <i>Sponsored by Your #1 Sewing Centre</i>) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>	<p>7 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>8 9-11am: Creative Creations (Instruction & Supplies included <i>Sponsored by Burke Funeral Home</i>) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>

<p>11 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p> <p>6:30-8:30pm: Movie Night The Greatest Showman (Sponsored by: Jumbo Video & The Richmond Retirement Residence)</p>	<p>12 9am-12pm: Open 1-2pm: COPD Support Group 2-4pm: CARP Coffee & Chat (Multipurpose Room) 2:30-4pm: Drumming For Health 6:30-8:30pm: Crokinole (Cost - \$3.00-please purchase drop-in pass at Customer Service)</p>	<p>13 9am-12pm: Stitches (Learn how to sew, quilt, knit, etc or just bring your project and visit – Sponsored by Your #1 Sewing Centre) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>	<p>14 8:00am-1pm: VON Footcare Clinic 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>15 9-11am: Creative Creations (Instruction & Supplies included Sponsored by Burke Funeral Home) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>
<p>18 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 1:00-4pm: Euchre/Bid Euchre</p>	<p>19 9am-12pm: Open 1-4pm: Bridge (Experienced) 6:30-8:30pm: Crokinole (Cost - \$3.00-please purchase drop-in pass at Customer Service)</p>	<p>20 9am-12pm: Stitches (Learn how to sew, quilt, knit, etc or just bring your project and visit – Sponsored by Your #1 Sewing Centre) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>	<p>21 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>22 9am-12pm: Creative Creations (Instruction & Supplies included Sponsored by Burke Funeral Home) 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350)</p>
<p>25 9-10am: Open 10am-1:00pm: Belleville Deaf Seniors 11:30-1:30pm: Luncheon BBQ – Strawberry Social (Cost \$8.50 Pre-registration required call 613-966-4632 2nd floor Multipurpose Room) 1:00-4pm: Euchre/Bid Euchre</p>	<p>26 9am-12pm: Open 1-4pm: Bridge (Experienced) 6:30-8:30pm: Crokinole (Cost - \$3.00-please purchase drop-in pass at Customer Service Desk)</p>	<p>27 9am-12pm: Stitches (Sponsored by Your #1 Sewing Centre) 1-4pm: Mahjong & Mexican Train Dominos 2:30-3:30pm: VON Falls Prevention (Aerobics Studio- Register: 613-392-4181 x 5350) 6:30-8:30pm: Classic Movie Night: Sabrina (1954) (Sponsored by: Jumbo Video & The Richmond Retirement Residence)</p>	<p>28 9:30am-12pm: Volunteering Social (Visit and help complete different community projects) 1-4pm: Scrapbooking and Card Making 1-4pm: Mahjong</p>	<p>29 9-11am: Creative Creations (Instruction & Supplies included Sponsored by Burke Funeral Home) 11am-12:30pm: Relax & Meditate with Martina 1-4pm: Bridge (Experienced) 2:30-3:30pm: VON Falls Prevention (12 week program-Aerobics Studio- Register 613-392-4181 x 5350)</p>